

### GLUTEN FREE OPTIONS

### PIZZA

10" cauliflower crust pizza with toppings finished in oven
MARGHERITA - marinara, fresh mozzarella, basil and extra virgin olive oil 18
MUSHROOM & SPINACH - mushrooms, spinach, marinara, ricotta, mozzarella 19
CHICKEN MEATBALL - crumbled chicken meatballs, marinara, mozzarella, herb ricotta 21

## ENTRÉE SALADS

WARM GOAT CHEESE AND GRILLED SHRIMP - grilled shrimp, mixed greens, tomato, olives, red onion with warmed bread crumb crusted goat cheese medallions topped with toasted almonds 31

WARM FRISÉE, SPINACH AND CHICKEN - sliced grilled chicken, roasted peppers, mixed greens, smoked mozzarella, warm white wine vinaigrette 24

\*RARE SEARED SESAME CRUSTED TUNA SALAD - mixed greens, roasted peppers, roasted pepper vinaigrette 28

MUSHROOM, ROASTED PEPPER AND CHICKEN SALAD - sautéed mushrooms, roasted peppers, sliced grilled chicken & mixed greens 24

### PASTA

RIGATONI BROCCOLI, CANNELLINI BEANS & FRESH TOMATOES - sautéed in extra virgin olive oil & garlic sauce 26

PENNE CHICKEN SAUSAGE AND BROCCOLI RABE - crumbled chicken sausage, broccoli rabe, fresh tomato, garlic & oil 29

GRILLED CHICKEN, MUSHROOM, SPINACH & SUN DRIED TOMATOES - sautéed mushrooms and spinach with penne in a wine sauce 28

BAKED PENNE CHICKEN MEATBALL CAPRESE - pan baked penne, our Gluten Free chicken, cauliflower & roasted tomato chicken meatballs in marinara with ricotta and melted mozzarella 28

# ENTRÉE

GRILLED CHICKEN EGGPLANT SORRENTINO - breaded eggplant, marinara & melted mozzarella with penne 29

CHICKEN PARMESAN - breaded chicken breast, marinara & melted mozzarella with penne 29

EGGPLANT PARMESAN - breaded eggplant, marinara & melted mozzarella with penne 29

GRILLED HERB CRUSTED SALMON - grilled salmon with an herb bread crumb crust on a bed of sautéed broccoli rabe 36

GRILLED CHICKEN, SPINACH, ROASTED PEPPER - melted mozzarella, roasted potatoes and vegetables 29

ROMANO CRUSTED CHICKEN - Romano & herb breaded chicken breast with capers in a lemon wine sauce with roasted potatoes 29

#### We now provide a 3% discount for all checks settled with cash payment!

All items are prepared with gluten free ingredients. However, since our kitchen does prepare other menu items that contain gluten, the chance of cross contamination does exist.

\*This menu item can be cooked to your liking. Consuming raw or undercooked meat, fish, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions!

Before placing your order, please inform your server if any person in your party has a food allergy.