

SALADS

Grilled Shrimp Salad

Jumbo shrimp with mixed greens, diced fresh mozzarella, tomato, onion & toasted almonds over bruschetta points with a citrus shallot vinaigrette 17

Warm Frisee, Spinach, and Chicken

Sliced grilled chicken, roasted peppers, mixed greens & smoked mozzarella tossed with a warm white wine vinaigrette 14

Warm Grilled Scallop Salad

Jumbo sea scallops with shiitake mushrooms, cannellini beans, fresh tomato & mixed greens tossed with a warm white wine vinaigrette 15

Crispy Calamari Caesar Salad

Crispy fried calamari over traditional Caesar salad 14

Mushroom, Asparagus, and Grilled Chicken Salad

Sautéed mushrooms & asparagus with sliced grilled chicken, mixed greens and roasted peppers with our house vinaigrette. 16

Tilapia Tricolor

Grilled tilapia fillet served with fresh tomato salsa & a tricolor salad 10

Soup & Salad

A bowl of our hearty soup of the day complete with your choice: a small goat cheese, gorgonzola, Caesar, or mixed salad 11

GRILLED PIZZAS

(One half of a 12" pizza with a side salad)

Margherita

Marinara and melted mozzarella. 11

Pepperoni

Our traditional margherita with imported pepperoni 12

Rustica

Homemade crumbled chicken sausage, melted fresh mozzarella & grape tomatoes. 12

PASTAS

Rigatoni Broccoli

Sautéed in a garlic sauce. 12

Pan Baked Rigatoni

Tossed with marinara, ricotta, and melted mozzarella 12

Rigatoni alla Vodka

In a tomato cream sauce, accented with bacon and prosciutto. 12

Penne Chicken Meatball Marinara

With our famous chicken meatballs. 12

Rigatoni alla Rosa

Crumbled chicken sausage & spinach in a pink sauce 12

Penne Primavera

Fresh seasonal vegetables sautéed in a white wine or marinara sauce 12

FOCACCIA SANDWICHES & HEROS

Grilled Eggplant

Served open faced with caramelized onions & marinara sauce on focaccia . . 10

***Grilled Sirloin Steak**

Sliced and served with crispy onions & melted mozzarella on focaccia. 14

Grilled Chicken

Served open faced atop focaccia with tomato salsa 10

Chicken Parmesan

Breaded chicken breast, marinara & melted mozzarella on focaccia. 12

Grilled Chicken Gorgonzola

Gorgonzola, fresh tomato, caramelized onions & melted mozzarella on focaccia 12

Prosciutto, Fresh Mozzarella, Roasted Pepper

With mixed greens & Italian dressing on focaccia 12

Grilled Chicken Sorrentino

Eggplant, prosciutto, marinara sauce & melted mozzarella on focaccia 12

Grilled Chicken, Spinach, Roasted Pepper

With melted mozzarella on focaccia 12

Grilled Tilapia Fillet

Roasted pepper, sun-dried tomato, and mixed greens on focaccia 12

Shrimp Marechiarra

Served open faced with a tomato garlic wine sauce and fresh mozzarella on focaccia 15

Sausage & Broccoli Rabe

Grilled Italian or crumbled chicken sausage paired with sautéed broccoli rabe on a hero 12

****Before placing your order, please inform your server if a person in your party has a food allergy.***

**This menu item can be cooked to your liking. Consuming raw or undercooked meat, fish, shellfish, or shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions!*

Sausage & Peppers

Grilled Italian or crumbled chicken sausage smothered in sautéed peppers & onions on a hero 12

Fried Calamari “Po Boy”

Fried calamari tossed in our famous spicy “Sicilian Lifeguard” sauce on a hero 12

Basa Filet

Lightly breaded and fried fillet of basa with mixed greens, tomato, red onion & a homemade tartar sauce on a hero 10

GRILLED BURGERS & WRAPS

***Char Grilled Chicken Veggie Burger**

Freshly ground chicken, fresh diced zucchini, red pepper, carrot & onion on a focaccia burger roll 10

***Sautéed Mushroom Burger**

Char grilled beef burger with sautéed mushrooms, melted mozzarella & basil pesto on a focaccia burger roll 12

***Italian Cheeseburger**

Char grilled beef burger with sautéed peppers & onions topped with melted provolone on a focaccia burger roll 12

***Gorgonzola Burger**

Char grilled beef burger with fresh tomato, carmelized onions, bacon, melted mozzarella, & gorgonzola on a focaccia burger roll 12

Grilled Chicken Caesar Wrap

Sun-dried tomato wrap with grilled chicken & Caesar salad 12

Chicken Cutlet Wrap

Fresh mozzarella, baby arugula, red onion & tomatoes with Italian dressing & pesto on an herb wrap 12

***Steak Wrap**

Sliced grilled sirloin, sautéed mushrooms, carmelized onions & mesclun with sun-dried tomato pesto on a sun-dried tomato wrap 14

Grilled Chicken & Smoked Mozzarella Wrap

With fresh spinach, roasted peppers & basil pesto mayonnaise on a black bean wrap 12

Grilled Chicken, Prosciutto, and Fresh Mozzarella

With mixed greens, herb ricotta & sun-dried tomato pesto on an herb wrap . . 12

Lunch menu served daily Mon.-Fri. from 11:30am - 4:00pm,
Saturday from 12:00 - 4:00pm, & Sunday from 1:00 - 4:00pm

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