

SALADS

Grilled Shrimp Salad

Jumbo shrimp with mixed greens, diced fresh mozzarella, tomato, onion, and toasted almonds over bruschetta points with a citrus shallot vinaigrette 17

Warm Frisee, Spinach and Chicken

Sliced grilled chicken, roasted peppers, mixed greens and smoked mozzarella tossed with a warm white wine vinaigrette 14

Warm Grilled Scallop Salad

Jumbo sea scallops with shiitake mushrooms, cannellini beans, fresh tomato and mixed greens tossed with a warm white wine vinaigrette 15

Crispy Calamari Caesar Salad

Crispy fried calamari over traditional Caesar salad 14

Mushroom, Asparagus and Grilled Chicken Salad

Sautéed mushrooms and asparagus with sliced grilled chicken mixed greens and roasted peppers with our house vinaigrette 16

GRILLED PIZZAS

(One half of a 12" pizza served with a side salad)

Margherita

Marinara and melted fresh mozzarella 11

Pepperoni

Our traditional margherita with imported pepperoni 12

Rustica

Homemade crumbled chicken sausage, melted fresh mozzarella and grape tomatoes 12

Tilapia Tricolor

Grilled tilapia fillet served with fresh tomato salsa and a tricolor salad 10

Soup & Salad

A bowl of our hearty soup of the day complete with your choice: a small goat cheese, gorgonzola, Caesar or mixed salad 11

PASTAS

Rigatoni Broccoli

Sautéed in a garlic sauce 12

Pan Baked Rigatoni

Tossed with marinara, ricotta and melted mozzarella 12

Rigatoni alla Vodka

In a tomato cream sauce, accented with bacon and prosciutto 12

Penne Chicken Meatball Marinara

With our famous chicken meatballs

Rigatoni alla Rosa

Crumbled chicken sausage and spinach in a pink sauce 12

Penne Primavera

Fresh seasonal vegetables sautéed in a white wine or marinara sauce 12

FOCACCIA SANDWICHES & HEROES

Grilled Eggplant

Served open faced with caramelized onion and marinara sauce on focaccia 10

***Grilled Sirloin Steak**

Sliced and served with crispy onions and melted mozzarella on focaccia 14

Grilled Chicken

Served open faced atop focaccia with tomato salsa 10

Chicken Parmesan

Breaded chicken breast, marinara and melted mozzarella on focaccia 12

Grilled Chicken Gorgonzola

Gorgonzola, fresh tomato, caramelized onions and melted mozzarella on focaccia 12

Prosciutto, Fresh Mozzarella, Roasted Pepper

With mixed greens and Italian dressing on focaccia 12

Grilled Chicken Sorrentino

Eggplant, prosciutto, marinara sauce and melted mozzarella on focaccia 12

Grilled Chicken, Spinach, Roasted Pepper

With melted mozzarella on focaccia 12

Grilled Tilapia Fillet

Roasted pepper, sun-dried tomato and mixed greens on focaccia 12

Shrimp Marechiarra

Served open faced with a tomato garlic wine sauce and fresh mozzarella on focaccia 15

Sausage & Broccoli Rabe

Grilled Italian or crumbled chicken sausage paired with sautéed broccoli rabe on a hero 12

Sausage & Peppers

Grilled Italian or crumbled chicken sausage smothered in sautéed peppers & onions on a hero 12

Fried Calamari "Po Boy"

Fried calamari tossed in our famous spicy "Sicilian Lifeguard" sauce on a hero 12

Basa Filet

Lightly breaded and fried fillet of basa with mixed greens, tomato, red onion and a homemade tartar sauce on a hero 10

GRILLED BURGERS & WRAPS

(All burgers and wraps served with a side salad or French fries)

***Char Grilled Chicken Veggie Burger**

Freshly ground chicken, fresh diced zucchini, red pepper, carrot and onion on a focaccia burger roll 10

***Sautéed Mushroom Burger**

Char grilled beef burger with sautéed mushrooms, melted mozzarella and basil pesto on a focaccia burger roll 12

***Italian Cheeseburger**

Char grilled beef burger with sautéed peppers and onions topped with melted provolone on a focaccia burger roll 12

***Gorgonzola Burger**

Char grilled beef burger with fresh tomato, caramelized onions, bacon, melted mozzarella and gorgonzola on a focaccia burger roll 12

Grilled Chicken Caesar Wrap

Sun-dried tomato wrap with grilled chicken and Caesar salad 12

Chicken Cutlet Wrap

Fresh mozzarella, baby arugula, red onion and tomatoes with Italian dressing and pesto on an herb wrap 12

***Steak Wrap**

Sliced grilled sirloin, sautéed mushrooms, caramelized onions and mesclun with sun-dried tomato pesto on a Sun-dried tomato wrap 14

Grilled Chicken & Smoked Mozzarella Wrap

With fresh spinach, roasted peppers and basil pesto mayonnaise on a black bean wrap 12

Grilled Chicken, Prosciutto and Fresh Mozzarella

With mixed greens, herb ricotta and sun-dried tomato pesto on a herb wrap 12

Lunch menu served daily Mon.-Fri. from 11:30am - 4:00pm Saturday from 12:00 - 4:00pm
& Sunday 1:00 - 4:00pm

**This menu item can be cooked to your liking. Consuming raw or undercooked meat, fish, shellfish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions!*